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Vitamin C (Ascorbic acid)

Vitamin C is an antioxidant that helps protect your cells against the effects of free radicals — molecules produced when your body breaks down food, or is exposed to tobacco smoke, and radiation from the sun, X-rays or other sources. Radicals play a role in heart disease, cancer, and other diseases.

Vitamin B's

B vitamins maintain good health and well-being by being the building blocks of a healthy body, B vitamins have a direct impact on your energy levels, brain function, and cell metabolism. They can help prevent infections and help support or promote cell growth, energy levels, eyesight, brain function, digestion, healthy appetite, nerve function, hormones, cholesterol, heart, and muscles.

Biotin

Biotin helps maintain many of your body's major systems. Biotin helps your body use enzymes and carry nutrients through the body. Biotin may help manage symptoms of diabetes by regulating blood sugar levels, promote hair growth, and improve skin and fingernails.

Zinc

Zinc is a nutrient found throughout your body, it helps your immune system and metabolism function. Zinc is important for wound healing, sense of taste, smell, immunity, lower cholesterol

Folic Acid (Folate)

Folate (vitamin B-9) promotes red blood cell formation, and healthy cell growth and function.

Minerals

Minerals are important for your body to stay healthy. Your body uses minerals for many different jobs, including keeping your bones, muscles, heart, and brain working properly. Minerals produce energy, growth, healing, and help with absorption of other vitamins and nutrients.

Amino Acids

Amino acids are important for muscle development and strength. They help prevent muscle loss, increase the supply of nitrogen to your body, improve mood, improve sleep, aid in weight loss, and increase athletic performance.

Vitamin D

Vitamin D builds and maintains healthy bones. Your body can only absorb calcium, when vitamin D is present. Vitamin D regulates cellular functions and works as an anti-inflammatory, antioxidant and neuroprotective properties support immune health, muscle function and brain cell activity. It helps improve cognitive health; decrease bone disorders, bone pain, and fractures; also decreases the risk of multiple sclerosis and can prevent Rickets.



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Alpha-lipoic acid

Alpha-lipoic acid is an organic compound with antioxidant properties. It may benefit diabetes, skin aging, memory, heart health, and weight loss.

Taurine

Taurine has important functions in the heart and brain, and it helps support nerve growth. It calms the nervous system, helps with obesity, athletic performance, fatigue, and Diabetes.

Glutathione

As an antioxidant, made up of amino acids. Glutathione helps your body balance free radicals and stay healthy and works at the cellular level to prevent inflammation and other cell damage that can make you sick. Glutathione can help treat and prevent health conditions such as heart disease, Alzheimer's, cancer, preserve memory, regeneration of healthy skin- and a wide range of other health conditions.

NAD+

NAD+ stands for nicotinamide adenine dinucleotide. NAD+ is one of the most abundant and crucial molecules that we have. NAD+ not only helps convert food to energy but also plays a crucial role in maintaining DNA integrity and ensures proper cell function, that protect our bodies from aging and disease. NAD+ helps with aging, muscle function, metabolic disorders, heart function, neurodegeneration, studies even shows that it could even increase the lifespan!

Meyer's Cocktail

"Myers' cocktail" consists of magnesium, calcium, B vitamins, and vitamin C, and has been found to be effective against acute asthma attacks, migraines, fatigue (including chronic fatigue syndrome), fibromyalgia, acute muscle spasm, upper respiratory tract infections, chronic sinusitis, seasonal allergic rhinitis, cardiovascular disease, and other disorders.

Dr John Meyers developed this IV nutrient therapy in the 1960's!